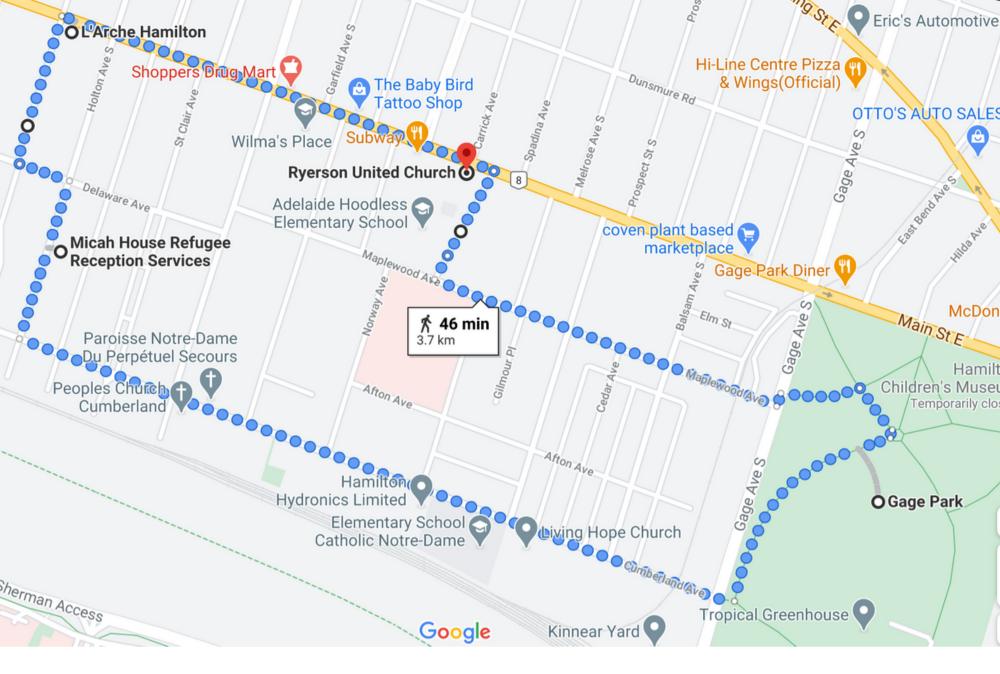
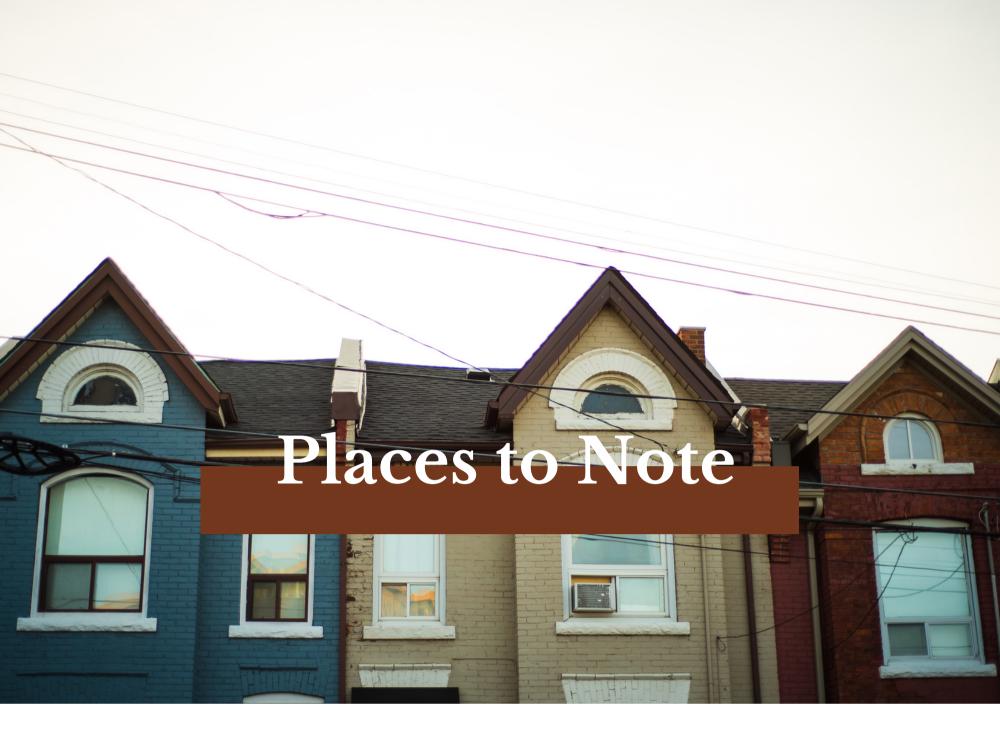


Follow this Guide Go Outside Follow Prayer Prompts Pray



- Start at Ryerson United Church
- Walk south on Springer
- Turn left on Maplewood
- Cross Gage Ave and enter Gage Park
- Stay left, taking the path past towards the fountain
- At the fountain, stay right
- Exit the park at Cumberland
- Walk west on Cumberland
- Turn right on Holton
- Turn left on Delaware
- Turn right on Fairleigh
- Turn right on Main
- Finish at Ryerson United Church



- Adelaide Hoodless School
- St Peter's Hospital
- Gage Park Playground
- Gage Park Fountain
- Tropical Greenhouse
- Tents
- Notre Dame Catholic School
- New Hope and Peoples Church
- Micah House
- L'arche
- CAP Canada
- Shalem

Pray for:

- affordable housing for newcomers
- a home for people seeking asylum from danger, terror and persecution
- help for refugees who are lonely, confused and unsure
- staff to provide specific assistance to bring direction and hope to their circumstances
- newcomers to find family at Micah House after being separated from their own





Pray for:

- residents who feel lonely and isolated during this pandemic
- residents with and without intellectual disabilities to live, work, learn, and grow together
- friendships and a sense of belonging in every home
- the creation of an open, inclusive and compassionate environment where every person is valued and can make a contribution
- the creation of a world where everyone belongs

Pray for:

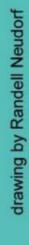
- people who are overwhelmed by debt
- the ability to equip churches with the tools they need to assist their community
- the education of Canadians on financial management
- people to experience hope during a feeling of hopelessness
- people to experience debt freedom
- people to be able to feel the practical love of Jesus
- the staff who get to share the gospel with their clients and offer prayer and hope to people who are struggling with often very dark situations

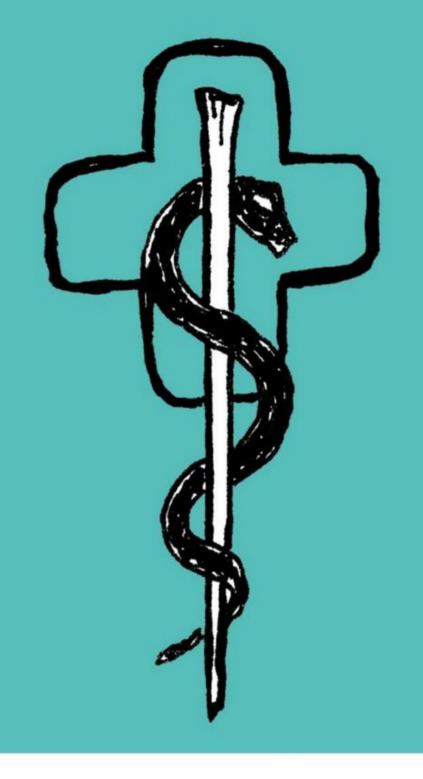




Pray for:

- people suffering from depression and anxiety
- particularly kids with mental health struggles
- students who feel separated from friends
- parents who are supporting them
- families struggling to adjust to changes as a result of covid
- individuals struggling from loneliness and elderly
- experiencing near complete isolation
- counsellors and staff at Shalem who seek to administer God's love through their daily work





Watch for health care spaces.

It could be a big hospital or a small clinic.

Pray for the staff & patients.

Pray for wholeness & wellness for all.

Pray for a spirit of wisdom & grace in the care given and received.



Pray for the kids!

Watch for parks, schools, and yards where children spend their time.

Pray for the safety of the kids in the neighbourhood. Pray that they would each grow up knowing they are loved.



Choose a tree.

Thank God for the person who planted something others could enjoy. Thank God for the life this tree brings.

Ask God,

"What can I "plant" for my community?"



Watch for people "Living Rough."

The shelter system isn't safe for everyone.

Be respectful, this is their home right now.

Remember they are beloved by God.

Pray for their safety & wellness.

Pray that they would obtain housing.

Pray that you would see with God's eyes.



Watch for open spaces!

Depending on your neighbourhood, these could be big or small, natural or concrete.

Use this open space as an invitation to pause for a minute and be open to God. (even if it is just a parking lot).



Pray for Churches in your neighbourhood.

Some might own a building, others might meet in a home or a rented location.

Every church tradition holds a unique gift. Ask God to show you something special about each church you encounter.

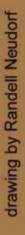


Pray for the Ministries & Charities
that are the hands & feet of Jesus
in your community.

Pray for the people that are served.

Pray for the volunteers & staff.

Pray for a beautiful dignity
in both the giving & receiving.





Do you see a property for sale?

Pray for the people or business that will be moving in next.

Pray for the health & safety of your future neighbours.



Pray for Affordable Housing.

It could be a brand new project,
a repurposed building,
a laneway suite
or an individual home with an extra room.